

Endoscopy Instructions

Date of Procedure: ____/____/____ Check In Time: _____

3 days prior ____/____

STOP taking blood thinners such as Plavix, Coumadin, Aspirin, Ibuprofen, Aggrenox, etc. Please check with your prescribing doctor to make sure it is safe to stop taking this medication. Continue taking your blood pressure medi-

You MAY take Tylenol or Acetaminophen for pain if needed prior to your procedure.

PLEASE CALL OUR OFFICE TODAY IF UNABLE TO KEEP YOUR APPOINTMENT. 479-1952

You will be sedated and not allowed to drive the day of your procedure. Please arrange for a driver for the day of your procedure, preferably someone to whom we can release your medical information.

1 day prior ____/____

If your appointment is tomorrow morning, stop eating and drinking by midnight tonight. This includes liquids, food, or any medications including antacids.

Procedure Day ____/____

If your appointment is this afternoon, you are able to eat soft liquids such as yogurt, jello, chicken/beef broth, puddings or juice up until 6 hours prior to your appointment. Then stop all food, medication and liquid intake.

Be sure to bring: driver, insurance card, medication list, copay (if needed), asthma inhalers, and insulin.

You won't need to disrobe, however we request you wear comfortable clothing that will allow your sleeve to be pulled up over your elbow. Please don't wear body lotions. A basin will be provided for you to place removable dentures or bridgework.

Please plan to spend approximately 3 hours at your appointment. We anticipate you being done much sooner, but in case of delay we ask that you set aside about 3 hours.

Some things to expect at your EGD appointment

An IV will be placed in a vein in your hand or arm. We will give you medications to help you relax and often times put you to sleep. Because of these medications, you may not remember the procedure. You will lie on your left side and a bite block will be placed in your mouth to protect your teeth and the scope. This will not interfere with your breathing. The entire procedure typically takes about 5-10 minutes. The doctor may take biopsies to send for lab testing.

The doctor and nurse will speak with you after your procedure and we will send you home with a written copy of instructions.

We will contact you the following business day to see how you are feeling after your procedure.