

DIGESTIVE DISEASE & ENDOSCOPY CENTER, PLLC

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DDECenter.com

Diabetic Medication Instructions

Please call and confirm with your prescribing provider before stopping any medication. For people with diabetes, any procedure that causes you to miss a meal or change your usual meal plan will require special planning to safely manage blood sugar. Check your blood sugar level often during your prep and at any time you have symptoms of low blood glucose or very high blood glucose.

DAY BEFORE YOUR PROCEDURE: Follow the Clear liquid diet on the procedure preparation sheet.			
IF YOU TAKE	MORNING	LUNCH/DINNER	BEDTIME
Actos, Avandia, Januvia	Take your usual dose	Take your usual dose	
Actoplus Met, Avandamet, Avandaryl, Amaryl, Duetact, Glipizide, Glucovance, Glyburide, Prandin, Starlix, Janumet, Metaglip Metformin	DO NOT TAKE	DO NOT TAKE	
Lantus, or NPH insulin	Take your usual dose		Take half your usual dose
Humalog, Novolog or Regular Insulin	Take ½ the usual amount if you take a fixed dose or cover your carbs with your usual carb ratio.	Take ½ the usual amount if you take a fixed dose or cover your carbs with your usual carb ratio	Take ½ the usual amount if you take a fixed dose or cover your carbs with your usual carb ratio
Premixed insulin; 75/25 Novolin 70/30 Novalog Mix 70/30	Take ½ the usual dose at breakfast		Take ½ the usual dose at dinner

DAY OF YOUR PROCEDURE: Do not make up or “double” on any missed medications after the procedure			
IF YOU TAKE	MORNING	LUNCH/DINNER	BEDTIME
Actos, Avandia, Januvia	DO NOT TAKE	DO NOT TAKE, you may resume usual dose once you resume diet	
Actoplus Met, Avandamet, Avandaryl, Amaryl, Duetact, Glipizide, Glucovance, Glyburide, Prandin, Starlix, Janumet, Metaglip Metformin	DO NOT TAKE	You may resume usual dose once you resume diet	
Lantus, or NPH insulin	Take half your usual dose		Resume your usual dose
Humalog, Novolog, or Regular Insulin	DO NOT TAKE	Resume your usual dose once you resume diet	
Premixed insulin; 75/25 Novolin 70/30 Novalog Mix 70/30	DO NOT TAKE	Resume your usual dose once you resume diet	